



I Shall Strive for the Best

DEPARTMENT OF EDUCATION
BONNYRIGG HIGH SCHOOL
Partially Selective and Local Enrolments
Principal: M N Bryce: BA (Hons)., Dip Ed., MEd



Tuesday 31st March 2020

CONTACTING SCHOOL COUNSELLORS AND PSYCHOLOGISTS

Dear Parents, Carers and Students,

This letter is to let you know how you and your children can access the school counsellors and psychologists at your school during this time. The team will still be available to help you, however it will be done a little differently.

School counsellors and psychologists will be available to contact you by phone call. Phone conversations will be available during regular school hours.

Any discussions with the school counsellor or psychologist will remain private unless permission is given to speak to other people or if someone is at risk of harm.

If you would like to make contact with us please call the school office (02 9823 1184) and leave a message. The office staff will take your name and contact details and we will call you back. Please note: phone calls from school counsellors/psychologists are likely to come from private numbers.

We understand this is a worrying and stressful time and some people may be having a lot of concerns so please contact us if you need to.

If you or your child needs to talk to someone out of school hours, please find below some services you can contact for assistance:

Lifeline: 13 11 14

Kids Helpline: 1800 551 800

Suicide Call Back Service: 1300 659 467

eHeadspace: 1800 650 890

Beyondblue Support Service: 1300 224 636

NSW Mental Health Line: 1800 011 511

In the event of an emergency, call 000

Kind Regards,

Amye Pagett and Libby Ahearn



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Elizabeth Drive, Bonnyrigg NSW 2177 Phone: 9823 1184, 9823 1186 Fax: 9823 7662
Email: bonnyrigg-h.school@det.nsw.edu.au ABN 18 246 198 266 CRICOS CODE – 00588M