**Study Plan (Example)**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 6:00 – 7:00 | Sleep | Sleep | Sleep | Sleep | Sleep | Sleep | Sleep |
| 7:00 – 8:00 |  |  |  |  |  |  |  |
| 8:00 – 9:00 | School | School | School | School | School | Study | Study |
| 9:00 – 10:00 | School | School | School | School | School | Study | Study |
| 10:00 – 11:00 | School | School | School | School | School |  | Archery |
| 11:00 – 12:00 | School | School | School | School | School |  | Archery |
| 12:00 – 1:00 | School | School | School | School | School | Eat | Eat |
| 1:00 – 2:00 | School | School | School | School | School |  |  |
| 2:00 – 3:00 | School | School | School | School | School |  |  |
| 3:00 – 4:00 | School | School | School | School | School | Study |  |
| 4:00 – 5:00 | Eat | Eat | Eat | Eat | Eat | Study |  |
| 5:00 - 6:00 | Study | Study | Study | Study | Study |  |  |
| 6:00 – 7:00 | Boxing | Study | Boxing | Study | Boxing | Eat | Eat |
| 7:00 – 8:00 | Eat | Eat | Eat | Eat | Eat |  |  |
| 8:00 – 9:00 |  |  |  |  |  |  |  |

**Study Plan**

|  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** | **Saturday** | **Sunday** |
| 6:00 – 7:00 |  |  |  |  |  |  |  |
| 7:00 – 8:00 |  |  |  |  |  |  |  |
| 8:00 – 9:00 |  |  |  |  |  |  |  |
| 9:00 – 10:00 |  |  |  |  |  |  |  |
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| 12:00 – 1:00 |  |  |  |  |  |  |  |
| 1:00 – 2:00 |  |  |  |  |  |  |  |
| 2:00 – 3:00 |  |  |  |  |  |  |  |
| 3:00 – 4:00 |  |  |  |  |  |  |  |
| 4:00 – 5:00 |  |  |  |  |  |  |  |
| 5:00 - 6:00 |  |  |  |  |  |  |  |
| 6:00 – 7:00 |  |  |  |  |  |  |  |
| 7:00 – 8:00 |  |  |  |  |  |  |  |
| 8:00 – 9:00 |  |  |  |  |  |  |  |