## Bonnyrigg High School is a No Bully Zone

Bonnyrigg High School takes bullying very seriously. The Welfare Team and the SRC have worked very hard over the last 18 months to get the message out there that at Bonnyrigg High School bullying behaviour is not on!

Bullying is repeated "words and/or actions intended to hurt, dominate or humiliate others". Anyone can be a bully regardless of age or gender. Bullying is <u>not</u> conflict or fights between equals or single incidents.

Forms of bullying include:

- hitting,
- punching,
- kicking,
- spitting,
- teasing,
- excluding someone from the group,
- ignoring,
- spreading rumours,
- getting someone to bully for you,
- getting older kids to threaten, organising others to exclude/ignore or hurt,
- threatening to 'get' someone,
- tripping,
- dirty looks
- setting someone up

**Cyberbullying –** This involves bullying through electronic technology, e.g. Mobile phone, Computer: Email, Facebook, MSN, My Space, Bebo, Formspring, Twitter

On 23 March, 2011, the Department of Education and Training presented a new policy to schools : *Bullying:Preventing & Responding to Student Bullying*. The main areas of responsibility were outlined in the policy, which can be seen in its entirety on the DET website: https:// detwww.det.nsw.edu.au/lists/directoratesaz/stuwelfare/behaviourprgms/antibullying/index.htm

The main areas outlined in the policy are:

- The NSW Department of Education and Training rejects all forms of bullying.
  - The defined areas of responsibility are:
    - Principals policy; plan; act; monitor
    - Staff-respond
    - Students behave & report
    - Parents support & report

In accordance with the DET policy, Bonnyrigg High School has developed its own Anti-Bullying Policy and Plan.

The biggest area of concern at the moment is <u>Cyberbullying</u>. Parents need to be aware of their child's use of electronic means to bully others, and to note that the DET requires schools to follow up on cyberbullying, even when it occurs outside school.